

Cross Country and Athletics

Written by St Gerald's College

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Cross Country and Athletics- Track and Field has always played an important role in the St. Gerald's sporting calendar.

The Cross country season kicks off every year in January. Athletes are invited to compete in the regional round which leads on to Connacht and National finals. St. Gerald's have always been successful in cross country running with many athletes going on to national level. Some of our established cross country runners include Sean Brophy, David Bell, Michael Conway and David Joyce.



St Gerald's Athletics Team 2009/10

The ultimate in Irish Juvenile Track and Field competitions commences in April and May with the Nationals taking part the first weekend in June.

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